

READ ALL INSTRUCTIONS PRIOR TO SAMPLE COLLECTION

Following these instructions will avoid delays in testing.



MYRIAD
myRisk[®]
Hereditary Cancer

Saliva Collection Instructions

SIDE 1

DO NOT EAT, DRINK (including water), SMOKE, OR CHEW GUM FOR 30 MINUTES PRIOR TO SAMPLE COLLECTION

- 1.** Spit into funnel until the amount of liquid saliva (not bubbles) reaches the fill line.

Do **NOT** remove the plastic film covering the liquid in the top of the funnel lid.

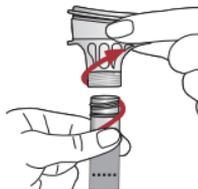


- 2.** Hold the tube upright with one hand. Close the funnel lid with the other hand (as shown) by firmly pushing the lid until you **hear a loud click**.

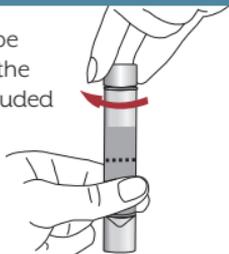


The liquid in the lid will be released into the tube to mix with the saliva. Make sure that the lid is closed tightly.

- 3.** Hold the tube upright. Unscrew the funnel from the tube and discard it.



- 4.** Close the tube tightly using the small cap included in the kit.



- 5.** Shake the capped tube for **5 seconds**. Proceed to **step 6** on next page.



WARNINGS AND PRECAUTIONS

Wash with water if stabilizing liquid comes in contact with eyes or skin. Do not ingest. See MSDS at www.dnagenotek.com.

Most people take between 2 and 5 minutes to deliver a saliva sample following steps 1 to 5.



Test start will be delayed if the **TEST REQUEST FORM** **A** is incomplete or the sample is improperly labeled.

- 6.** Complete the Test Request Form (TRF) and bar code label with patient name and/or ID, and date of birth. Peel label off the TRF and place lengthwise (as shown) on the collection tube. **MAKE SURE THE SAMPLE IS AT ROOM TEMPERATURE.***



Unlabeled tubes will
be cancelled

- 7.** Place labeled collection tube into the Oragene[®] box and then into the Myriad myRisk[®] test kit for shipping. **Proceed to Mailing Instructions.** **E**



Patients who have received an allogeneic bone marrow transplant or have had a hematologic malignancy may not be suitable for the Myriad myRisk Buccal Saliva test. In such cases, please contact Myriad Medical Services at 800-469-7423 ext. 3850 to discuss appropriate sample types.

If you have any questions about your sample submission, please call the Myriad Customer Service Department at 800-4-MYRIAD (800-469-7423).

*Note: Immediately following saliva collection ship the sample via FedEx. Samples can be held at room temperature for up to 7 days prior to receipt at Myriad.

